# May/June 2024



## Z Danville Middle School 23-24

#### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch Meat or meat alternate Choice of Vegetable Choice of Fruit Grain/Bread

# Choice of Milk - 1% white, fat-free chocolate Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad Red/Orange - carrots, sweet potatoes, tomatoes and red peppers Legumes - beans and peas Starchy - potatoes, corn, peas & lima beans Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

#### Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

### Daily Entree Options May Include:

PB&J w/ Vegetable & Fruit

**Assorted Salads** 

**Assorted Pizza** 

Yogurt Craveable w/ Goldfish Snack & String Cheese

USDA is an equal opportunity provider and employer.

Lunch Prices Student \$2.50 Reduced \$.40 Adult \$4.75

Metz General Manager Sandra L. Robinson 570-271-3268 Ext. 2126 Email - metz@danvillesd.org

Monday	Tuesday	Wednesday	Thursday	Friday
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024

#### Salisbury Steak w/Roll

Featured Veggies: Steamed Corn

Fresh Vegetables Choice of Fruit Choice of Milk

#### Chicken Parm on Roll

Featured Veggies: French Fries

Fresh Vegetables Choice of Fruit Choice of Milk

#### Pasta w/ Meat Saucew/Br. Stick

Featured Veggies: Green Beens

Fresh Vegetables
Choice of Fruit
Choice of Milk

#### Meatball & Cheese Hoagie

Featured Veggies: Glazed Carrots

Fresh Vegetables Choice of Fruit Choice of Milk

#### Italian Dunkers w/ Sauce

Featured Veggies: Sweet Potato Fries

Fresh Vegetables

Choice of Fruit Choice of Milk

5/20/2024 5/21/2024 5/22/2024 5/23/2024 5/24/2024

#### BBQ Chix Sandwich on Bun

Featured Veggies: Broccoli

Fresh Vegetables Chioice of Fruit Choice of Milk

#### Grilled Ham&Cheese Pretzel

Featured Veggies: Refried Beans

Fresh Vegetables
Choice of Fruit
Choice of Milk

#### Popcorn Chix Bowl w/Roll

Featured Veggies: Steamed Corn Fresh Vegetables

Choice of Fruit
Choice of Milk

#### Chix Nuggetsw/ Pretzel Stick

Featured Veggies: Glazed Carrots Fresh Vegetables

Fresh Vegetables
Choice of Fruit
Choice of Milk

#### Toasted Cheese Sandwich

Featured Veggies: Mixed Veggies

Fresh Vegetables
Choice of Fruit
Choice of Milk

5/27/2024 5/28/2024 5/29/2024 5/30/2024 5/31/2024

#### Memorial Day



#### Chef's Choice

Featured Veggies: Refried Beans Fresh Vegetables

Choice of Milk

#### Chef's Choice

Featured Veggies: Cucumber Salad

Fresh Vegetables
Choice of Fruit
Choice of Milk

#### Chef's Choice

Featured Veggies: Roasted Zuchini Fresh Vegetables

Fresh Vegetables Choice of Fruit Choice of Milk

#### Chef's Choice

Featured Veggies: Peas

Fresh Vegetables Choice of Fruit Choice of Milk

6/3/2024 6/4/2024 6/5/2024 6/6/2024 6/7/2024

#### Chef's Choice

Featured Veggies: Broccoli

Fresh Vegetables Choice of Fruit Choice of Milk

6/10/2024

#### Chef's Choice Last Day of School Featured Veggies:

Mexicala Corn
Fresh Vegetables
Choice of Fruit
Choice of Milk

6/11/2024

6/12/2024 6/13/2024 6/14/2024