

Monday	Tuesday	Wednesday	Thursday	Friday
5/13/24	5/14/24	5/15/24	5/16/24	5/17/24
Cinnamon Roll	Bagel w/ Creamed	Warm Glazed Donut	Belgian Waffles	Breakfast Casserole
	Cheese		w/ Syrup	Bowl
or Assorted Cereals	or Assorted Cereals	or Assorted Cereals	or Assorted Cereals	or Assorted Cereals
with additional grain choice	with additional grain choice	with additional grain choice	with additional grain choice	with additional grain choice
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
5/20/24	5/21/24	5/22/24	5/23/24	5/24/24
Eggo Pancakes	Breakfast Pizza	Scrambled Eggs w/	Dutch Waffles	Breakfast Sandwich
with Syrup	Dioditidot i izza	Toast	with Syrup	2. Camada Camamon
or	or	or	or	or
Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
with additional grain choice	with additional grain choice	with additional grain choice	with additional grain choice	with additional grain choice
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
E /27 /24	E /20 /24	F /20 /24	E /20 /24	5/31/24
5/27/24	5/28/24 French Toast	5/29/24 Belgian Waffles	5/30/24	
Memorial Day		w/ Syrup	Breakfast Pizza	Breakfast Burritos
	w/ Syrup or	w/ Syrup or	or	or
No	Assorted Cereals	Assorted Cereals	Assorted Cereals	Assorted Cereals
School	with additional grain choice	with additional grain choice	with additional grain choice	with additional grain choice
	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or	& Assorted Fresh Fruit or
	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
6/3/24	6/4/24	6/5/24	6/6/24	6/7/24
Eggo Waffles	Last Day of School			
with Syrup	Breakfast Pizza			
or Assorted Cereals	or Assorted Cereals			
with additional grain choice ssorted 100% Fruit Juice	with additional grain choice Assorted 100% Fruit Juice			
& Assorted Fresh Fruit or	& Assorted Fresh Fruit or			
Assorted Canned Fruit	Assorted Canned Fruit			
Choice of Milk	Choice of Milk			
6/10/24	6/11/24	6/12/24	6/13/24	6/14/24
0/10/24	0/11/2 <del>4</del>	0/12/24	0/10/24	0/14/24
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## What is a Meal?

You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein Choice of fuit or vegetable (must take at least a 1/2 cup) and Choice of Milk

Choice of Milk - 1% white, fat-free chocolate

You must take at least 1/2 cup of fruit or vegetable

## Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

## Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Kix
Cheerios
Fruit Loops
Frosted Flakes



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